

SOUTHEAST OHIO / WEST VIRGINIA YMCA SWIM LEAGUE CHAMPIONSHIPS

July 11, 2009

DATE: The meet will be held on July 11, 2009

POOL: Ohio University Aquatics Center, Athens, Ohio

EVENT SCHEDULE TIMES:

Saturday AM Session – 10 & Under swimmers PLUS 11-12 girls:

Facility doors open at 6:45AM

Warm-ups begin at 7:30 AM

Competition starts at 8:30 AM

Time Trials will be held after this session (see schedule of events)

Saturday PM Session – 13 & Over swimmers PLUS 11-12 boys:

Warm-ups begin at 1:00PM or after the AM session (whichever is later)

Competition starts at 2:00PM

Should weather extensively delay the meet on Saturday, we may have to swim on Sunday morning.

ENTRY FEE: \$3.00 per individual event. \$6.00 per relay event. Entry fees must be delivered to the league treasurer. Makes checks payable to “YMCA SEOWV Swim League.”

PLEASE MAIL ALL CHECKS TO:

Columbus North YMCA

Attention: Alicia Gorman

1640 Sandalwood Place

Columbus, Ohio 43229

CHECKS FOR ENTRIES GO TO ALICIA, AND ARE DUE BEFORE THE START OF THE MEET!

ENTRY LIMIT: Swimmers will be allowed to swim a maximum of three individual events plus one Medley and one Free relay.

ENTRY REQUIREMENT: Birth dates will be required in the entry file.

SEED TIMES: “NO TIMES” will not be accepted for any entries. Seed times should be submitted allowing conversion to the appropriate course.

PARTICIPANT QUALIFICATIONS: Recorded in the SEOWV League Rules and Regulations. Championships rules are covered in Article X. National YMCA eligibility rules also apply.

There are restrictions on athletes who represented another team in open competition during the summer season. Please check to see if you swimmers competed on another team.

IMPLIED TEAM CERTIFICATION: Teams submitting entries certify that their entries meet all of the requirements to participate in YMCA swimming. This includes (but is not limited to) 90 days of YMCA full

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membership, single team representation, minimum meet participation requirements and entry birth date.

RULES: The USA Swimming Rules will govern the competition except where the SEOWV Swim League rules supersede.

ORDER OF EVENTS: Please see attached sheets. A Team Manager event list for the meet is posted on the league website.

SWIMMER AGE: The age-up date for Summer is May 1. Include swimmer birth dates in your Team file to allow the system to confirm ages. Entries without birth dates will be rejected during the entry process.

ENTRIES: All entries must be received online by **Friday, July 3, 2009 by NOON Eastern Time**. Entries will only be accepted via online entry. You will receive a confirmation e-mail for your entries.

REMINDER: Swimmers must have swum all events entered in the competition from July 1, 2008 through the meet entry date. Entry times may be challenged. **Be careful to enter a time appropriate for the pool the swimmer competed.** If you are entering a 25.50 time for a 25 meter time into a 25 yard event, enter 25.50S into Hy-Tek and allow the software to convert the time to the appropriate course.

SEEDING: All events will be pre-seeded according to entered times and swum as timed finals.

SPECIAL NEEDS: Should you have a swimmer who requires special assistance, please provide that information with your entries. The importance is to properly seed swimmers.

SCORING: Individual events 9, 7, 6, 5, 4, 3, 2, 1.
Relay Events: 18, 14, 12, 10, 8, 6, 4, 2.
Only two relays from one team may score in the same event.

AWARDS: Medals: First through third place, Individual and Relay. Ribbons: fourth through eighth place, Individual and Relay. A gift certificate or award shall be presented to the first place team in each of three divisions. (It is okay to use the certificate to buy a first place plaque.) There will be individual and team age group High Point awards.

AWARDS DELIVERY: Awards should be picked up by the coach or a designated representative at the end of the meet. Mailing of any awards will be at the expense of the team.

ADMISSION: No admission fee will be charged.

HEAT SHEETS: A \$3 fee will be charged for heat sheets, one heat sheet for each session.

PARKING: Parking is available in the vicinity of the Aquatics Center. Please be careful to park in legal parking spaces. OU is going to ticket cars parked in Health Center spaces, or cars parked along the roads.

NO FOOD OR DRINK ON DECK: A concession stand will be operating for visitors to the meet. There will be a hospitality room for the coaches and officials.

CLERK OF COURSE / BULLPEN: There will be a bullpen for the AM session only (10 and unders only) and no deck cards. A timer in each lane will verify the swimmers name from the heat sheet.

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COACHES CERTIFICATIONS: Coaches, a reminder that your certifications need to be current to be on deck. Check your certifications on the league website. Updates can be FAXed to Jon at (614) 751-1333. Certifications received after June 15 will require a \$25 late processing fee.

COACHES MEETING: Last minute instructions to coaches will be in the coaches packet. Please review this information and share with the other members of your team as quickly as possible.

TIMERS: Teams will be responsible for providing timers according to the need of the meet director and meet committee. The number of timers each team is responsible for will be based on the number of swimmers they have entered in each session. No team will have to supply more than five timer assignments per day. Team assignments will occur after the entries are compiled, and should be posted on the league website three days after entries are due.

For planning purposes, you may need a timer for each 12 swimmers entered each day. Each team may schedule their workers as they wish but must cover their assignments for each session. All timers starting at the meet each day should attend the timers meeting and provide their own watch. The Timers Meeting will be held 20 minutes prior to the start of each session in the hospitality room. **Each team must provide their timers with stopwatches.**

Please provide competent timers – this is a championship meet. Inexperienced timers may be requested to find a replacement.

TIME TRIALS: There will be time trials available at the conclusion of each session. Individual entries will be \$5. Relay entries will be \$10.

OFFICIALS: Each team should supply as many officials as possible. A minimum of one official per team per day is required. An official's Volunteer form is included in this packet.

MEET COMMITTEE: Per League By-laws and the NCAA rulebook, a Meet Committee will be designated and shall consist of the Meet Referee, a member of the League Rule Committee and others as assigned by the Meet Director. All decisions made by the committee shall be final.

PARENT REMINDERS: Please remind your parents of the following key items:

- We are visitors at the O.U. facilities.
- Please treat the facility and the staff appropriately.
- Please clean up after yourself.

1000 AND 1650 FREE: These events will be swum fast to slow, alternating girls and boys heats. At the discretion of the Meet Director and Referee, small heats may be combined.

Athletes in the these events must provide:
an individual to act as a lap counter
two timers with stopwatches.

WHAT YOU HAVE TO SUBMIT BY JULY 3rd

- ✓ **Entries** online
- ✓ **Checks** to Alicia Gorman (address below) OR hand-carry to meet
- ✓ FAX Coaches **Certifications** to Jon Reidler: (614) 751-1333
 - (there will be a fee if submitted late)
- ✓ FAX **Team Summary Page** to Jon Reidler: (614) 751-1333
- ✓ FAX **Officials Volunteer Page** to Jon Reidler: (614) 751-1333

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MEET SCHEDULE

SATURDAY, July 11, 2009

6:45AM DOORS OPEN

7:30AM WARM-UPS FOR 10 & UNDER PLUS 11-12 GIRLS

7:40AM OFFICIALS MEETING

8:10AM TIMERS MEETING.

8:30AM 10 & UNDER PLUS 11-12 GIRLS SESSION BEGINS

1:00PM WARM-UPS FOR ALL 10 & UNDER SWIMMERS PLUS 11-12 GIRLS

2:00PM 13 & OVER PLUS 11-12 BOYS SESSION BEGINS

7:30PM ESTIMATED End Time

Note: There are time trials after each session.

SOUTHEAST OHIO / WEST VIRGINIA YMCA SWIM LEAGUE CHAMPIONSHIPS

Saturday AM Session, July 11, 2009 – 10 & Under PLUS 11-12 Girls

Warm-up starts at 7:30 AM

Competition starts at 8:30 AM

ORDER OF EVENTS

GIRLS		BOYS
1	11-12 200 Medley Relay	
2	8 & Under 100 Medley Relay	3
4	9-10 200 Medley Relay	5
6	11-12 200 Freestyle	
7	8 & Under 100 Freestyle	8
9	11-12 100 IM	
10	10 & Under 200 Freestyle	11
12	11-12 100 Butterfly	
13	8 & Under 100 IM	14
15	9-10 100 IM	16
17	11-12 200 IM	
18	8 & Under 25 Freestyle	19
20	9-10 50 Freestyle	21
22	11-12 50 Freestyle	
23	11-12 100 Backstroke	
24	8 & Under 25 Butterfly	25
26	10 & Under 50 Butterfly	27
28	11-12 50 Butterfly	
29	8 & Under 50 Freestyle	30
31	11-12 100 Breaststroke	
32	9-10 100 Freestyle	33
34	11-12 100 Freestyle	
35	8 & Under 25 Backstroke	36
37	10 & Under 50 Backstroke	38
39	11-12 50 Backstroke	
40	8 & Under 25 Breaststroke	41
42	10 & Under 50 Breaststroke	43
44	11-12 50 Breaststroke	
45	8 & Under 100 Freestyle Relay	46
47	9-10 200 Freestyle Relay	48
49	11-12 200 Freestyle Relay	

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Saturday PM Session, July 11, 2009 – 13 & Over PLUS 11-12 boys

Warm-up starts at 1:00PM / Competition starts at 2:00PM

ORDER OF EVENTS

GIRLS		BOYS
50	13 & Over 400 Medley Relay	51
	11-12 200 Medley Relay	52
53	13-14 200 Medley Relay	54
55	15 & Over 200 Medley Relay	56
57	11 & Over 1000 Freestyle	58
	11-12 200 Freestyle	59
60	13-14 200 Freestyle	61
62	15 & Over 200 Freestyle	63
	11-12 100 Butterfly	64
65	11 & Over 200 Butterfly	66
	11-12 100 IM	67
68	13-14 200 IM	69
70	15 & Over 200 IM	71
72	13 & Over 50 Backstroke	73
	11-12 50 Freestyle	74
75	13-14 50 Freestyle	76
77	15 & Over 50 Freestyle	78
	100 Backstroke	79
80	11 & Over 200 Backstroke	81
	11-12 50 Butterfly	82
83	13-14 100 Butterfly	84
85	15 & Over 100 Butterfly	86
87	13 & Over 50 Breaststroke	88
	11-12 100 Freestyle	89
90	13-14 100 Freestyle	91
92	15 & Over 100 Freestyle	93
	200 IM	94
95	11 & Over 400 IM	96
97	11 & Over 500 Freestyle	98
	11-12 100 Breaststroke	99
100	11 & Over 200 Breaststroke	101
	11-12 50 Backstroke	102
103	13-14 100 Backstroke	104
105	15 & Over 100 Backstroke	106
107	13 & Over 50 Butterfly	108
	11-12 50 Breaststroke	109
110	13-14 100 Breaststroke	111
112	15 & Over 100 Breaststroke	113
114	13 & Over 800 Freestyle Relay	115
	11-12 200 Freestyle Relay	116
117	15 & Over 200 Freestyle Relay	118
119	13-14 200 Freestyle Relay	120
121	13 & Over 400 Freestyle Relay	122
123	11 & Over 1650 Freestyle	124

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TEAM: _____ INITIALS: _____

TEAM CONTACT: _____

EVENING PHONE: _____ DAY TIME PHONE: _____

OF SWIMMERS: _____

OF INDIVIDUAL EVENTS: _____ # OF RELAYS: _____

8 & U GIRLS _____ 8 & U BOYS _____

10 & U GIRLS _____ 10 & U BOYS _____

11 – 12 GIRLS _____ 11 & 12 BOYS _____

13 & 14 GIRLS _____ 13 & 14 BOYS _____

15 & Over GIRLS _____ 15 & Over BOYS _____

INDIVIDUAL EVENTS @ \$3.00 X _____ = _____

RELAY EVENTS @ \$6.00 X _____ = _____

TOTAL AMOUNT REMITTED: \$ _____

MAKE CHECKS PAYABLE TO: YMCA SOUTHEAST SWIM LEAGUE

Columbus North YMCA

Attention: Alicia Gorman

1640 Sandalwood Place

Columbus, Ohio 43229

FAX ENTRY SUMMARY TO: Jon Reidler: (614) 751-1333

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LEAGUE CHAMPIONSHIPS OFFICIALS VOLUNTEER FORM

For the best possible meet each team should supply as many officials as possible. A minimum of one official per team is required. Complete this form and return it with your entries. Your team will not be processed without this form. Officials will be notified of their assignments at the mandatory officials meeting.

Team Name: _____

Officials Name	Certification Expires On:	Available Saturday 11 & Over	Available Sunday 10 & Under