

**SOUTHEAST OHIO / WEST VIRGINIA  
YMCA SWIM LEAGUE  
SUMMER CHAMPIONSHIPS  
YMCA Sanction # CAQ-09-2010-8086  
The Ohio State University  
July 10, 2010**

**WHAT YOU HAVE TO SUBMIT BY SUNDAY JULY 4**

- ✓ Entries submitted via [www.seowvswim.org](http://www.seowvswim.org)
- ✓ Checks to Nicole Douglas (address below) **OR** hand-carry to meet
- ✓ FAX Team Summary Page (page 8) to Jon Reidler: (614) 751-1333
- ✓ FAX Officials Volunteer Page (page 9) to Jon Reidler: (614) 751-1333
- ✓ FAX Coaches Certifications to Jon Reidler: (614) 751-1333  
(late fees will be assessed for certification submissions after 6/1/09)

**POOL:** Located at the The Ohio State University

**DATE:** The meet will be held on July 10, 2010

**TIMES:** Saturday 10 & Under/Senior warm-ups will begin at **7:30 AM** with the meet starting at **8:30 AM**. Saturday 11 & Over warm-ups will begin at approximately **2:00 PM** with the meet starting at **3:00 PM**.

Note: A detailed schedule is included in this packet.

**ENTRY FEES:** **\$5.00** per individual event. **\$10.00** per relay event. Entry fees may be hand carried to the meet and must be paid before the start of the meet. Makes checks payable to “YMCA SEOWV SWIM LEAGUE.”

**ENTRIES:** All entries must be received by **6 PM (Eastern) on Sunday, July 4, 2010**. Entries will be submitted electronically through a link from the Winter Champs page on [www.seowvswim.org](http://www.seowvswim.org). Swimmers must have swum all events entered in the competition since July 1, 2009. Entry times may be challenged. All submitted times will be converted to 25 yard times. Each swimmer will be allowed to swim a maximum of three (3) individual events plus one (1) Medley and one (1) Freestyle relay. Entries in excess of the limit will be deleted in event number order.

**REMINDER:** Swimmers must have swum all events entered in the competition from July 1, 2009 through the meet entry date. Entry times may be challenged. **Be careful to enter a time appropriate for the pool the swimmer competed.** If you are entering a 25.50 time for a 25 meter time into a 25 yard event, enter 25.50S into Hy-Tek and allow the software to convert the time to the appropriate course.

**ENTRY TIMES REQUIRED:** According to Article XII, section E-3 “**NO TIMES**” will not be accepted for any entries.

**ENTRY TIMES SUBMITTED:** Due to the number of participants and over 1,500 entries, updates to times are not permitted for this meet. Coaches are encouraged to post seed times for swimmers to review, in order to insure the final entry submission is accurate.

**QUALIFICATIONS:** Recorded in the Southeast Ohio / West Virginia Swim League Rules and Regulations. Championships rules are covered in Article XII.

**IMPLIED TEAM CERTIFICATION:** Teams submitting entries certify that their entries meet all of the requirements to participate in YMCA swimming. This includes (but is not limited to) 90 days of YMCA membership, single team representation, minimum meet participation requirements and entry birth date.

**RULES:** The current swimming Technical rules will govern the competition except where superseded by a Southeast Ohio / West Virginia Swim League rule. Criteria for disqualification of a swimmer will be one of the topics at the officials' meeting.

**ADMISSION:** No admission fee will be charged.

**ORDER OF EVENTS:** Please see attached sheets.

**STARTS ON SATURDAY AFTERNOON:** Anticipating a typical turnout, the starts for the Saturday late session will be Fly-over for all events except relays and backstroke. Please review with your swimmers the need to stay in the water at the end of their race.

**PARKING:** Visitors need to park in designated parking places and pay the appropriate fees to park at Ohio State – there is no free parking. Parking is appropriate in the Neil Avenue garage or near Ohio Stadium. For any weekend day, vehicles can park for \$3 for all day.

**REMINDER:** Before the entry deadline for Championships, all swimmers shall have represented their association in two (2) YMCA meets during the summer season and shall have been a YMCA member in good standing who holds an annual, full privilege membership. One of the two participation meets must have been at least 14 days prior to the start of the Championship meet (Saturday, June 26, 2010). A swimmer must be a member in good standing for the 90 days prior to the start of the Championship meet (Saturday, April 11, 2010). A swimmer must have represented only their YMCA in any open competition during the 90 days prior to the start of the meet.

**SEEDING:** There are NO deck entries. All events will be swum as timed finals. The 1650 and 1000 freestyle events will be deck seeded. Swimmers must check-in before the end of the session's warm-ups to be seeded in the 1650 and 1000, or they will be scratched from the event. Competitors must supply their own timers and lap counter. The 1650 and 1000 will be swum fastest to slowest heats, alternating full heats of girls and boys. The meet referee will have the authority to combine partially seeded heats [girls and boys] as necessary. All other events will be pre-seeded according to entered times.

**SPECIAL NEEDS:** Should you have a swimmer who requires special assistance, please provide that information with your entries. The importance is to properly seed hearing-impaired swimmers near the starter.

**SCORING:**

	1 <sup>st</sup>	2 <sup>nd</sup>	3 <sup>rd</sup>	4 <sup>th</sup>	5 <sup>th</sup>	6 <sup>th</sup>	7 <sup>th</sup>	8 <sup>th</sup>
<b>Individual events</b>	<b>16</b>	<b>13</b>	<b>12</b>	<b>11</b>	<b>10</b>	<b>9</b>	<b>7</b>	<b>5</b>
<b>Relay Events</b>	<b>32</b>	<b>26</b>	<b>24</b>	<b>22</b>	<b>20</b>	<b>18</b>	<b>14</b>	<b>10</b>

<b>Only two relays from one team may score in the same event.</b>
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**AWARDS:**

Medals: First through third place, Individual and Relay.

Ribbons: fourth through eighth place, Individual and Relay.

A gift certificate or award shall be presented to the first place team in each of three divisions. (It is okay to use the certificate to buy a first place plaque.) There will be individual and team age group High Point awards.

A rotating trophy shall be presented to the first place team along with a gift certificate. (It is okay to use the certificate to buy a first place plaque.) Second and Third place teams will be presented with a plaque/trophy/banner. Individual age group high point awards will be presented, along with high point awards by team.

**NOTE:** Awards should be picked up by the coach (or a designated representative) no earlier than 30 minutes after the end of the meet. Any remaining awards will be mailed with the shipping cost billed to the receiving team.

**MEET PROGRAM / HEAT SHEETS:** A \$5 fee will be charged for heat sheets.

**DECK ACCESS:** Only coaches, officials, swimmers and meet workers will be permitted on the pool deck at any time. Other than swimmers, everyone on deck must display a deck pass. Requests for coach deck passes are input during the online entry process.

**NO FOOD OR DRINK ON DECK:** A Concession stand will be operating along with a hospitality room for the coaches and officials.

**CLERK OF COURSE:** There will be a bullpen for the Saturday morning sessions only (10 and under swimmers only), and no deck cards. For all sessions, a timer in each lane will verify the swimmers name from the heat sheet.

**TIME TRIALS:** There will be time trials following the late Saturday session (there is no time trial after the 10 & under session). Time Trial entry fees are \$10 for individual events and \$20 for relays. Individual Time Trial entries typically close at the end of the final Breaststroke event, and Relay Time Trials closing at the start of the 1000. The league does not support initial splits in time trial events. The time trial events will be mixed (girls and boys) and seeded by entry time.

**TIMERS:** All teams will be responsible for providing timers for both days. The number of timers each team is responsible for will be based on the number of swimmers they have entered. No team will have more than four timer assignments per session. Team assignments will occur after the entries are compiled. Each team may schedule their workers as they wish but must cover their assignments for each session. All timers starting at the meet each day should attend the timers meeting and provide their own watch. The Timers Meeting will be held 20 minutes prior to the start of each session in the hospitality room. Please provide competent timers – this is a championship meet. Inexperienced timers may be requested to find a replacement.

**OFFICIALS:** Each team should supply as many officials as possible. A minimum of one official per team per day is required. An official's Volunteer form is included in this packet (see page 9).

**OFFICIALS MEETING:** All Officials will need to report to the Officials meeting for assignment. The officials meeting will be held 45 minutes prior to the start of each session in the hospitality room.

**COACHES MEETING:** Coaches notes will be in the packets provided to the teams, and posted on the Champs web page by the entry deadline. PLEASE pay close attention to the coaches notes and share the information with your assistants and your team.

**ADDITIONAL SWIMMER CAMP:** All camp space will be on deck. Bleachers will be available to seat all of the swimmers. Chairs and blankets are not allowed on deck, per OSU rules. Expect several areas in the aquatic center to be marked as “No Camp”. There will be NO FOOD on the pool deck. Please remember we are guests of The Ohio State University. Treat the facility with respect, act accordingly and clean up after yourselves.

**MAILING ADDRESS FOR CHECKS:**

YMCA SEOWV SWIM LEAGUE  
c/o Nicole Douglas  
Hilliard YMCA  
4515 Cosgray Rd  
Hilliard, OH 43026

**SOUTHEAST OHIO / WEST VIRGINIA  
SWIM LEAGUE CHAMPIONSHIP**

**July 10, 2010  
MEET SCHEDULE**

**SATURDAY, JULY 10, 2010 – 10 & Under and Senior Events**

- 7:00** The deck doors open to swimmers
- 7:30** The pool opens for warm-ups
- 7:45** Officials meeting in hospitality room
- 8:10** Timers Meeting begins
- 8:25** COMPETITION POOL CLOSSES FOR WARM-UPS
- 8:30** Competition begins

Time trials begin after the 1650 Freestyle.

Projected end time is 1:45 PM.

**SATURDAY, JULY 10, 2010 – 11 & Over Events**

- 2:00** The pool opens for warm-ups
- 2:15** Officials meeting in hospitality room
- 2:40** Timers Meeting begins
- 2:55** COMPETITION POOL CLOSSES FOR WARM-UPS
- 3:00** Competition begins

Time trials begin after the 1000 Freestyle.

Projected end time is 7:30 PM.

**SOUTHEAST OHIO / WEST VIRGINIA  
SWIM LEAGUE CHAMPIONSHIP**

**July 10<sup>th</sup>, Saturday Session**

**ORDER OF EVENTS**

**10 & Under & Long Event Session**

<b>GIRLS</b>		<b>BOYS</b>
101	13 & Over 800 Free Relay	102
103	8 & Under 100 Medley Relay	104
105	9 - 10 200 Medley Relay	106
107	13 & Over 400 Medley Relay	108
109	8 & Under 100 Free	110
111	10 & Under 200 Free	112
113	11 - 14 / 15 & Over 400 IM *	114
115	13 - 14 / 15 & Over 50 Back *	116
117	8 & Under 100 IM	118
119	9 - 10 100 IM	120
121	8 & Under 25 Free	122
123	9 - 10 50 Free	124
125	11 - 14 / 15 & Over 200 Fly *	126
127	8 & Under 25 Fly	128
129	10 & Under 50 Fly	130
131	13 - 14 / 15 & Over 50 Breast *	132
133	8 & Under 50 Free	134
135	9 - 10 100 Free	136
137	11 - 14 / 15 & Over 200 Back *	138
139	13 - 14 / 15 & Over 50 Fly *	140
141	8 & Under 25 Back	142
143	10 & Under 50 Back	144
145	11 - 14 / 15 & Over 200 Breast *	146
147	8 & Under 25 Breast	148
149	10 & Under 50 Breast	150
151	13 & Over 400 Free Relay	152
153	8 & Under 100 Free Relay	154
155	9 - 10 200 Free Relay	156
157	11 - 14 / 15 & Over 1650 Free *	158

10 & under time trials following the 1650 Free

\* Each event will be awarded and scored as **14 & Under** and **15 and Over** events. All swimmers will compete in a single event and be seeded based on entry times with all swimmers, but will be competing only for awards and points based on their entry age. Any 11-12 year olds who would be eligible to compete in the upcoming Nationals may enter the senior events not otherwise available to their age group.

**SOUTHEAST OHIO / WEST VIRGINIA  
SWIM LEAGUE CHAMPIONSHIP  
July 10<sup>th</sup>, Saturday Session**

**ORDER OF EVENTS**

**11 & Over**

<b>GIRLS</b>		<b>BOYS</b>
201	11 & 12 200 Medley Relay	202
203	13 & 14 200 Medley Relay	204
205	15 & Over 200 Medley Relay	206
207	11 & 12 200 Free	208
209	13 & 14 200 Free	210
211	15 & Over 200 Free	212
213	11 & 12 100 IM	214
215	13 & 14 200 IM	216
217	15 & Over 200 IM	218
219	11 & 12 200 IM	220
221	11 & 12 100 Breast	222
223	11 & 12 50 Free	224
225	13 & 14 50 Free	226
227	15 & Over 50 Free	228
229	11 & 12 50 Fly	230
231	13 & 14 100 Fly	232
233	15 & Over 100 Fly	234
235	11 & 12 100 Back	236
237	11 & 12 100 Free	238
239	13 & 14 100 Free	240
241	15 & Over 100 Free	242
243	11 – 14 / 15 & Over 500 Freestyle *	244
245	11 & 12 50 Back	246
247	13 & 14 100 Back	248
249	15 & Over 100 Back	250
251	11 & 12 100 Fly	252
253	11 & 12 50 Breast	254
255	13 & 14 100 Breast	256
257	15 & Over 100 Breast	258
259	11 & 12 200 Free Relay	260
261	13 & 14 200 Free Relay	262
263	15 & Over 200 Free Relay	264
265	11 – 14 / 15 & Over 1000 Free *	266

11 & Over time trials following the last event.

\* Each event will be awarded and scored as **14 & Under** and **15 and Over** events. All swimmers will compete in a single event and be seeded based on entry times with all swimmers, but will be competing only for awards and points based on their entry age. Any 11-12 year olds who would be eligible to compete in the upcoming Nationals may enter the senior events not otherwise available to their age group.

**SOUTHEAST OHIO / WEST VIRGINIA  
SWIM LEAGUE CHAMPIONSHIP  
July 10, 2010**

TEAM: \_\_\_\_\_ INITIALS: \_\_\_\_\_

TEAM CONTACT: \_\_\_\_\_

EVENING PHONE: \_\_\_\_\_ DAY TIME PHONE: \_\_\_\_\_

# OF SWIMMERS: \_\_\_\_\_

# OF INDIVIDUAL EVENTS: \_\_\_\_\_ # OF RELAYS: \_\_\_\_\_

8 & U GIRLS \_\_\_\_\_

8 & U BOYS \_\_\_\_\_

10 & U GIRLS \_\_\_\_\_

10 & U BOYS \_\_\_\_\_

11 – 12 GIRLS \_\_\_\_\_

11 & 12 BOYS \_\_\_\_\_

13 & 14 GIRLS \_\_\_\_\_

13 & 14 BOYS \_\_\_\_\_

15 & Over GIRLS \_\_\_\_\_

15 & Over BOYS \_\_\_\_\_

SENIOR GIRLS \_\_\_\_\_

SENIOR BOYS \_\_\_\_\_

INDIVIDUAL EVENTS @ \$5.00 X \_\_\_\_\_ = \_\_\_\_\_

RELAY EVENTS @ \$10.00 X \_\_\_\_\_ = \_\_\_\_\_

TOTAL AMOUNT REMITTED: \$ \_\_\_\_\_

**MAILING ADDRESS FOR ALL CHECKS:**

[checks must be received by start date of meet or may be hand-carried to the meet]

YMCA SEOWV SWIM LEAGUE  
c/o Nicole Douglas  
Hilliard YMCA  
4515 Cosgray Rd  
Hilliard, OH 43026

**SUBMIT** ENTRIES VIA: [www.seowvswim.org](http://www.seowvswim.org)

**FAX** THIS SUMMARY, ADDITIONAL COACHES CERTIFICATIONS AND OFFICIALS  
FORMS TO: Jon Reidler – (614) 751-1333

# SOUTHEAST OHIO / WEST VIRGINIA SWIM LEAGUE CHAMPIONSHIP

**July 10, 2010**

## LEAGUE CHAMPIONSHIPS OFFICIALS VOLUNTEER FORM

For the best possible meet each team should supply as many officials as possible. A minimum of one official per team per day is required. Complete this form and return it with your entries. Your team will not be processed without this form. Officials will be notified of their assignments at the mandatory officials meeting.

**Team Name:** \_\_\_\_\_

Officials Name	Certification Expires On:	Y or USA Certified / What Level?	Available Saturday 10 & Under & Senior Events	Available Saturday 11 & Over Session