

8th Annual Lancaster
Stingray Invitational
Saturday/Sunday November 11 & 12, 2006

Hosted By:
The Robert K. Fox Family Y Stingrays

Location: Robert K Fox Family YMCA
465 West Sixth Avenue
Lancaster, Ohio 43130

Entry Chairperson: Tammy Burton
c/o Robert K. Fox Family YMCA
Attn: Aquatics Department
465 West Sixth Avenue
Lancaster, Ohio 43130
Ph: (740)654-0616
Email: burt118@yahoo.com or
(Jim Depietro) jdepietr@columbus.rr.com

Facility: Wendel Aquatics Center, 25-yard, eight lane pool
with non-turbulent lane lines and Colorado Timing
System.

Entry Deadlines: **October 20, 2006. All entries must be in by
6:00pm.**
NO LATE ENTRIES.

Entry Fees: \$3.50 per individual event and \$6.00 per relay.
Checks should be made payable to LYST. Please
submit one (1) check per team. ALL FEES MUST BE
PAID PRIOR TO THE START OF THE MEET.

Entries: Each swimmer may enter four (4) individual events, One (1) Medley and One (1) Free Relay. Submit all entries with short course yard times. Please submit entries on Disk using HY-TEK. Deck entries will be accepted this year. Lane assignments will be issued on a first come first serve basis. NO NEW HEATS WILL BE CREATED. The cost will be \$5.00 per Individual event and \$7.00 per relay. Deck entries must be received prior to the start of the meet. Any related fees must also be paid at this time.

General: This is a closed YMCA Invitational. Swimmers age as of December 1, 2006 will be used to determine age group swimming. In compliance with the YMCA changes effective 9/1/06, USA Technical Rules will be followed at this meet.

Start Times: **Saturday**
Warm-ups will begin @ 8:00am with the Official Start time to be 9:00am SHARP.
Sunday
500yd Warm-ups will begin @7:00am with the Official Start Time at 7:30am.
All 500yd & 1000 yd swimmers must supply their own timers.
Warm-ups will begin @ approx. 8:15am (after the 500's) with the Official Start Time to be 9:15am.
LANE ASSIGNMENTS WILL BE GIVEN FOR WARM-UPS.

Cool Down Pool: There will be lanes provided for cool down in the Fox Pool.

Bullpen: For 10& Under Swimmers on Saturday.
11& Over Swimmers on Sunday will pick up cards from an area designated the morning of the meet.

- Awards: All swimmers will receive a participation medal.
Custom Medals 1st through 3rd place.
Ribbons 4th through 8th place.
- Team Awards: Trophy 1st place and Runner-up.
(Host team not eligible for team award.)
Heat winner ribbons for 10 and Under Events.
First Place High Point for each age group (except 6& under).
- Scoring: Individual Events: 9, 7,6,5,4,3,2,1
Relay Events: 18, 14, 12,10,8,6,4,2
- Concessions: Provided by the LYST Swim Team Parents.
- Hospitality Room: There will be a hospitality room available for the coaches and officials.
- Vendor: Kast-A-Way Swimwear.
- Volunteers: We are asking for each team to provide one (1) Official and one (1) Timer for each day. Attached is a sign up sheet for Officials and Timers. Please submit these forms with your team entry. If possible, we would appreciate you e-mailing this information along with your entries.
- Overnight Accommodations: All of the following hotels are located in Lancaster:
Amerihost Inn 1721 River Valley Circle (740)654-5111
Holiday Inn Express 1861 Riverway Dr. (740)654-4445
Hampton Inn 2041 Schorway Dr. (740)654-2999
Knights Inn 1327 River Valley Blvd. (740)687-4823
Shaws Restaurant & Inn 123 N. Broad St. (740)653-5522

A hard copy of this packet will be sent to all of the participating Y's in the SEO/WV swim cluster.

Hope to see you there!!!